




**girl scouts**   
carolinas peaks  
to piedmont

# Juliette Guidebook



Discover an amazing  
Girl Scout adventure  
as an Independently  
Registered Girl Scout!



# Welcome to Girl Scouts!

## The Girl Scout Mission

Girl Scouting builds girls of courage, confidence and character, who make the world a better place.

## The Girl Scout Promise

On my honor, I will try:  
To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law.



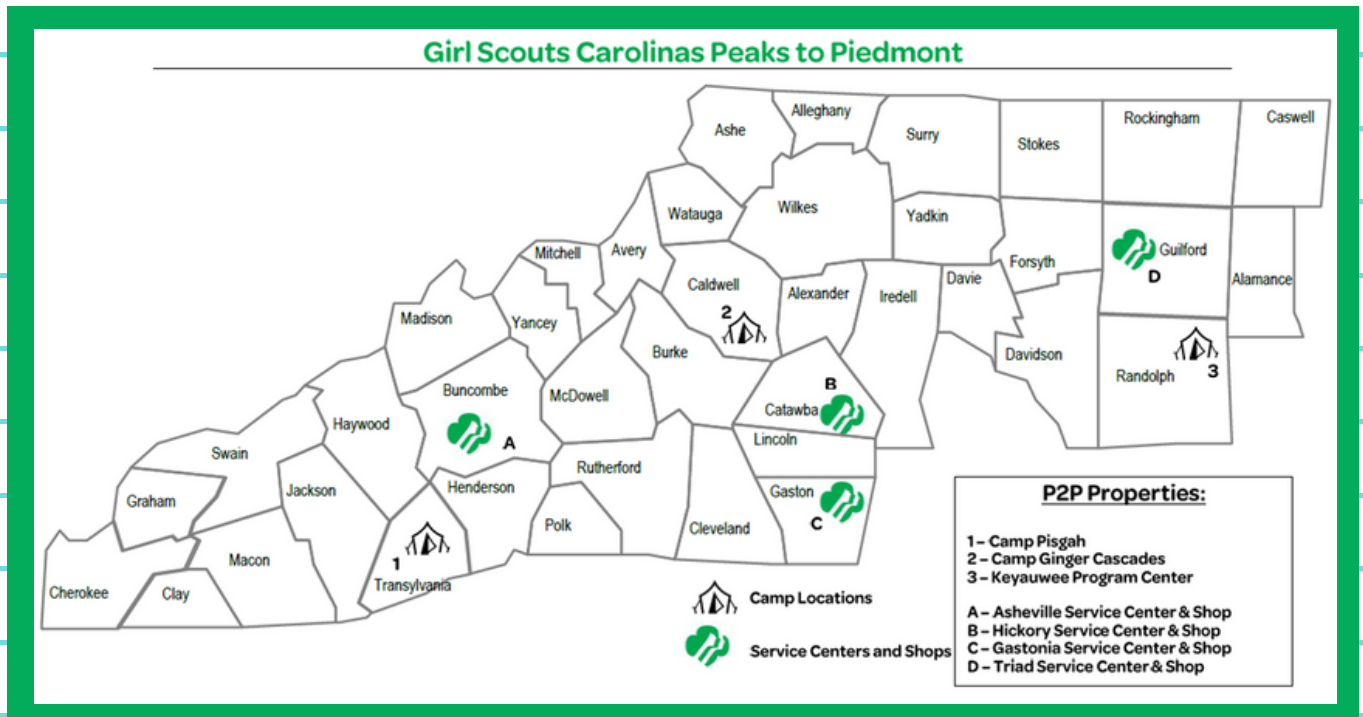
## The Girl Scout Law

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong,  
and responsible for  
what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place,  
and be a sister to every Girl Scout.





# GSCP2P Footprint



## Asheville Service Center

37 College Place

Asheville, NC 28801

## Gastonia Service Center

156 S. South Street, Suite 201

Gastonia, NC 28052

## Triad Service Center

8818 W. Market Street

Colfax, NC 27235

## Hickory Service Center

208 Union Square NW, Suite 101

Hickory, NC 28601

### Office & Shop Hours:

Service Center hours are Monday through Thursday, 8:30 a.m. - 5 p.m.  
Council shops are open Monday through Thursday, Noon - 5 p.m. and  
select weeknights and Saturdays throughout the year.

Or shop online 24/7 at

<https://www.girlscoutshop.com/carolinas-peaks-to-piedmont>.



# About Girl Scouts

We're 2.5 million strong-1.7 million girls and 750,000 adults who believe in the power of every G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader™) to change the world.

Our extraordinary journey began more than 100 years ago with the original G.I.R.L., Juliette Gordon "Daisy" Low. On March 12, 1912 in Savannah Georgia, she organized the very first Girl Scout troop. Every year since, we've honored her vision and legacy by building girls of courage, confidence and character, who make the world a better place.

We're the preeminent leadership development organization for girls. With programs from coast to coast and across the globe, Girl Scouts offers every girl a chance to practice a lifetime of leadership, adventure and success.

DISCOVER: Develop a strong sense of self, positive values, practical life skills, critical thinking and seek challenges in the world.

CONNECT: Develop healthy relationships, promote cooperation and team building, resolve conflicts, advance diversity in a multicultural world and feel connected to your community.

TAKE ACTION: Identify community needs, be a resourceful problem solver, advocate for yourself and others, locally and globally, educate and inspire others to act and feel empowered to make a difference in the world.

## Three Keys to Leadership:

We are a girl-led, all-girl organization focused on three core "keys" to leadership: Discover, Connect and Take Action.



DISCOVER +  
CONNECT +  
TAKE ACTION  
= LEADERSHIP





# The Juliette Program

As a Juliette, Girl Scouting is custom-made for you! It's a great way to mix and match your unique interests with Girl Scout participation - special events, weekend workshops, leadership projects or travel opportunities that improve your skills and meet your interests and needs.

Juliettes are busy, independent, self-confident girls and young women who want to be a part of something larger - Girl Scouts! Meeting in troops is one way to be a part of the Girl Scout Experience, but when there aren't available troops in your area, your troop no longer meets or you become too busy with extracurricular activities, becoming a Juliette will allow you to continue your Girl Scout experience on an individual basis.

As a Girl Scout Juliette, you can participate in everything that is open to your grade level. You can attend council-sponsored programs and events, series opportunities, year-round camp experiences, travel opportunities and earn the Girl Scout Bronze, Silver and Gold Awards. You will complete badges and awards with a registered adult mentor.

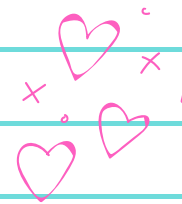
## How do I register as a member?

Girls and mentors can register online at [www.girlscoutsp2p.org](http://www.girlscoutsp2p.org). The annual cost for membership is \$25. We do have financial assistance available if needed. In addition, our Customer Care team can process payment over the phone or in person at one of our shop locations. For assistance completing your Girl Scout membership, please call 800.672.2148 or e-mail [info@girlscoutsp2p.org](mailto:info@girlscoutsp2p.org).

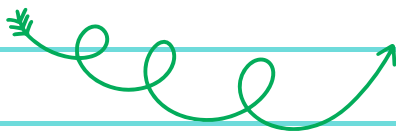


# Girl Scout Leadership Experience

The National Leadership Journeys and The Girl's Guide to Girl Scouting make up the Girl Scout Leadership Experience and the National Program Portfolio. Combined with Fall Product and Cookie Programs, travel experiences and Girl Scout Highest Awards, the Girl Scout Leadership Experience is designed to help girls everywhere develop as leaders and build confidence by learning new skills. It also ensures that Girl Scouts at every level are sharing a powerful, national experience – girls together changing the world!



You can explore any of the age-appropriate Journeys in any order that you choose. Each amazing book has its own set of awards and corresponding adult guide. You can work with an adult to determine the format of your Journey. You can decide how long you'd like the Journey to last, what you'd like the Journey to be about, what type of field trips to take and which experts to add. In this way, each Journey can be as personal, intriguing and educational as you would like.



In addition to Journeys, there are also badges to help build skills. These badges are outlined in each level's Girl's Guide to Girl Scouting. This guide is a colorful easy-to-use binder made especially for girls at each level. It holds a handbook, information on bridging and our highest awards, Girl Scout history, traditions and much more! It also helps girls tie their badges and Journeys together to create an amazing experience.





# The Volunteer Toolkit

The Volunteer Toolkit (VTK) is a digital planning tool that helps you set up, customize and track your activities and achievements. From Daisy to Ambassador, the Volunteer Toolkit features activity plans for badges and Journeys. Some Journeys can only be found digitally on the VTK and not via hard copy in our shops. A guide on the VTK can be found here:

<https://www.girlscoutsp2p.org/content/dam/girlscouts-girlscoutsp2p/documents/VTK%20IRG%20User%20Guide.pdf>

## Girl Scout Journeys:

- It's Your Story-Tell It (available online or hard copy)
- It's Your World-Change It (available online or hard copy)
- It's Your Planet-Love It (available online or hard copy)
- Outdoor (available online)
- Think Like an Engineer (available online)
- Think Like a Citizen Scientist (available online)
- Think Like a Programmer (available online)



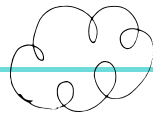
## gsLearn

gsLearn is home to trainings that Juliette mentors can take at their own pace and on their own schedule. Mentors are encouraged to check out the Volunteer Toolkit Training and explore other courses in the content library. Access to gsLearn and the VTK are available through the My GS login on the council website. Your username is the e-mail address you registered with. If you have not set up or forgotten your password, use the “Forgot Your Password” option.



# Girl Scout Levels and Uniforms

As you progress through Girl Scouts, you'll learn to take the reins and make your Girl Scout experiences your own—it's what being girl-led is all about! While program elements—like outdoor expeditions and entrepreneurial ventures—align across all grade levels, a Girl Scout Daisy and Brownie won't be doing the same activities as a seasoned Senior or Ambassador. But by building on the knowledge and skills you gain year after year, your confidence will grow exponentially and you'll be eager to take those next steps.



## Daisy - Grades K-1

Girl Scout Daisies sparkle with that first-time newness in everything they do. They go on trips, learn about nature and science and explore the arts and their communities—and so much more.



## Brownie - Grades 2-3

Girl Scout Brownies work together as they earn badges and explore their communities. Friendship, fun and age-appropriate activities begin at the Girl Scout Brownie meeting and move out to the community and the wider world. While earning badges, Brownies build skills, learn hobbies and have fun!







# Girl Scout Levels and Uniforms

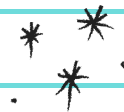
## Junior - Grades 4-5

Girl Scout Juniors are big-idea thinkers. They're explorers at camp and product designers when they earn their Innovation and Storytelling badges, or even their Bronze Award. Every day, they wake up ready to play a new role.



## Cadette - Grades 6-8

Girl Scout Cadettes chart their own courses and let their curiosity and imagination lead the way. They learn about the power of being a good friend, gain confidence by mentoring younger girls and can earn their Girl Scout Silver Award.



## Senior - Grades 9-10

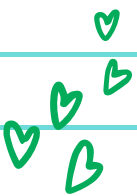
Girl Scout Seniors are ready to take the world by storm, and Girl Scouts gives them countless ways to do it. Their experiences shape their world, while giving them a safe space to be themselves and explore their interests.



Seniors can earn the prestigious Girl Scout Gold Award.

## Ambassador - Grades 11-12

Girl Scout Ambassadors know that small acts produce big change. While they get ready for life beyond high school, Girl Scouts helps them take flight. They can also earn their Girl Scout Gold Award.





# Girl Scout Levels and Uniforms

## The Girl Scout Uniform:

The uniform includes a choice of a tunic or vest for Daisies and a vest or sash for all other levels. The uniforms are for displaying official pins, awards, badges and fun patches. All earned items go on the front of the uniform with specific placement. All fun items go on the back at a place of your choosing. For a more official look, the uniform can be combined with a solid white shirt and khaki pants or a skirt.

Information explaining the uniform and where to place badges and pins can be found in The Girl's Guide to Girl Scouting, on the Volunteer Toolkit or on our website. The Girl Scout uniform is not required unless you are publicly representing the Girl Scout movement.



## Juliette Mentor

A Juliette must have an adult mentor in order to participate in the Girl Scout program. The Juliette Mentor may be a parent/caregiver, family member or another trusted adult who is willing to help and provide support.

### Mentor Checklist:

- |  |  |
|--|--|
| <input type="checkbox"/> Annual \$25 membership fee    | <input type="checkbox"/> Explore the GSCP2P event calendar       |
| <input type="checkbox"/> Explore gsLearn               | <input type="checkbox"/> Explore the GSCP2P camp website         |
| <input type="checkbox"/> Utilize the VTK               | <input type="checkbox"/> Review Safety Activity Checkpoints      |
| <input type="checkbox"/> Attend a Service Unit meeting | <input type="checkbox"/> Join the Juliette Girl Scouts Carolinas |
| <input type="checkbox"/> Visit a council shop          | Peaks to Piedmont Facebook group                                 |

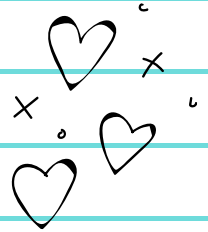


# Service Units

Service Units are made up of zip codes in one geographic area led by dedicated volunteers working to build the Girl Scout experience in their immediate area. Girl Scouts Carolinas Peaks to Piedmont Service Units are led by experienced volunteers who support leaders, troops and Juliettes.

## What does a Service Unit do?

Service Unit team members, troop representatives and Juliette mentors meet several times throughout the year to share ideas, receive training and talk about important announcements. They hold monthly meetings that members in their area are encouraged to attend to stay up to date on things happening council-wide and in the Service Unit.



## Service Units may organize events like:

- Service projects
- Summer day camps
- Family events
- Cookie rallies
- Thinking Day Celebrations
- Award ceremonies
- Juliette Low celebrations
- Bridging ceremonies
- Badge-related programs

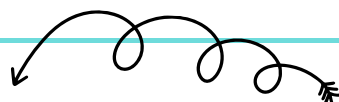
Troop Experience Manager



Service Unit Contact



Service Unit Date, Time and Location





# Highest Awards

Girl Scouts Highest Awards provide Girl Scouts with the opportunity to become more involved in local community issues and learn skills to become proactive leaders. Troops or individuals identify problems in the community and incorporate a sustainable change through a Take Action project.



## Girl Scout Bronze Award – Juniors

- Girls must be registered Girl Scout Juniors in grades 4 or 5 and complete one Junior Journey.
- Girls can work as individuals or as a group with other Girl Scouts.
- The Girl Scout Bronze Award requires 20 hours towards the project for each girl.
- The Girl Scout Bronze Award should be a sustainable Take Action project that helps educate and inspire their community about an important issue.
- Girls should explore their community and learn more about what they can do to identify the root cause of the issue and help solve the problem through a Take Action Project.



## Girl Scout Silver Award – Cadettes

- Girls must be registered Girl Scout Cadettes in grades 6, 7 or 8 and complete two Cadette Journeys or by previously earning the Bronze Award and completing one Cadette Journey.
- Girls can work as individuals or as a small group of two-four girls.
- The Girl Scout Silver Award requires 50 hours towards the project for each girl.
- Girls should reach out to leaders in their community and explore the ways they can make an impact on an issue with a Take Action project.
- Silver Award projects should be sustainable Take Action projects that address the root cause of a community issue.



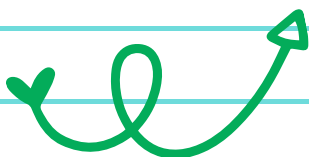


# Highest Awards

## Girl Scout Gold Award – Seniors and Ambassadors



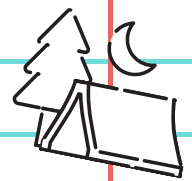
- Girls must be registered Girl Scout Seniors or Ambassadors in grades 9-12 and complete two Senior or Ambassador Journeys or by previously earning the Silver Award and completing one Senior or Ambassador Journey.
- Girls should work as individuals. Group work is not permitted.
- Girls will spend a minimum of 80 hours identifying an issue, investigating it thoroughly, getting help and building a team, creating a plan, presenting your plan, gathering feedback, taking action and educating and inspiring others.
- The Girl Scout Gold Award project should be fully sustainable and continue addressing the root cause of a global issue after the project is complete.
- Gold Award Girl Scouts interview with the Highest Awards Committee for approval of their proposal and final reports as well as are assigned a mentor from the committee to help them throughout their project.





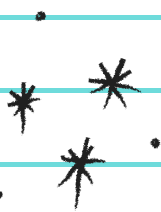
# Girl Scout Camp

Girl Scouts Carolinas Peaks to Piedmont offers resident, day, troop and group camping at our three residential camps. These camps offer a variety of activities such as canoeing, kayaking, swimming, fishing, archery, equestrian programs, crafts, nature and science, hiking, high adventure programs and much more. There is something for everyone! You can learn all about the programs we offer and our summer camp options by visiting [www.CampLikeAGirl.org](http://www.CampLikeAGirl.org).



## Camp Ginger Cascades

2090 Scout Road  
Lenoir, NC 28645  
(828) 758-5321



## Camp Pisgah

570 Girl Scout Road  
Brevard, NC 28712  
(828) 862-4435

## Keyauwee Program Center

2574 Sweetbriar Road  
Sophia, NC 27350  
(336) 861-1198



## Circle C Equestrian Center

Circle C Equestrian Center is located at Keyauwee Program Center in Sophia and operates year-round providing riding lessons, Girl Scout riding programs and summer camp. At the ranch, staff provide a high caliber of instruction and safety by providing professional, experienced instructors. All riders are carefully matched with one of our well-mannered, seasoned school horses for an enjoyable experience. The ranch facilities include a lighted, indoor arena to comfortably ride in any weather, an outdoor arena, a 14-stall barn and miles of trails for exploring.





# Travel and Destinations

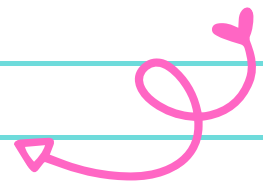
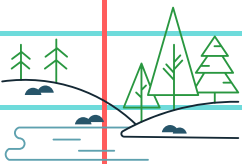
Where can you go? Places like China, Costa Rica, Switzerland, Patagonia, Peru, Scotland, Germany, Mexico and more! How far will your Girl Scout experience take you? That's up to you!



You can experience all that our country has to offer, whether you're "blasting off" at Space Camp in Alabama, taking in a Broadway show in New York City or visiting the birthplace of Girl Scouts' founder, Juliette Gordon Low, in Savannah, Georgia. And you can plan even bigger adventures around the world, traveling with other Girl Scouts who share your love of adventure.



Girl Scout Destinations are the ultimate adventure program for girls ages 11 and older. With a ton of different trips to apply for every year—from surfing camp on the east coast and breathtaking hikes out west, to the crazy-cool wonder of new cultures abroad—there's something amazing for everyone to experience. Make friends from all over the country as you travel with Girl Scouts from different states, see and learn new things and pack your bags full of inspiring, life-changing experiences and memories.



<https://www.girlscoutsp2p.org/en/our-program/travel.html>

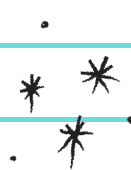


# Girl Scouts and Faith

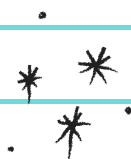
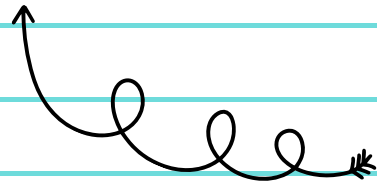
Everything in Girl Scouting is based on the Girl Scout Promise and Law, which includes many of the principles and values common across religions. So while we are a secular organization, Girl Scouts has always encouraged girls to take spiritual journeys via their faiths' religious recognitions. There are various resources to assist you in engaging in faith-based activities.

## Faith Based Activity Opportunities:

- My Promise, My Faith
- P.R.A.Y. Program
- Awesome Girls Event
- Girl Scout Sunday
- Girls of Faith Event



<https://www.girlscoutsp2p.org/en/our-program/GirlScoutsandFaith.html>

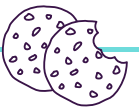






# Product Programs

The Girl Scout Cookie Program and the Girl Scout Fall Product Program are foundational experiences during which you will learn to think like an entrepreneur and develop vital business skills. As the largest girl-led entrepreneurial program in the world, the Girl Scout Cookie Program will equip you with the business smarts you need to take on the world. Through the Girl Scout Cookie Program, you will develop five essential skills that will help you be successful today and throughout your life.



1. Goal setting: You will learn to create a plan to reach your goals.
2. Decision making: You will learn to make decisions and use problem solving skills.
3. Money management: You will learn to create a budget and handle money.
4. People skills: You will find your voice and up your confidence through customer interactions that build relationships.
5. Business ethics: You will learn to act responsibly and honestly, both in business and in life.

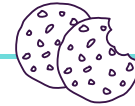


But the exciting skill building isn't just tied to the cookies themselves! You can continue honing your entrepreneurial skills by earning the Cookie Business badges, Cookie Entrepreneur Family pin and the Financial Literacy badges year over year.



# Product Programs

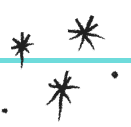
As a Juliette, you will not have a bank account. You can participate in the Girl Scout Product Programs one of two ways: partner with a troop or sell individually. As an individual, you will earn Daisy Dollars for the Cookie Program in lieu of troop proceeds. For the Fall Product Program, you will earn Nut Bucks in lieu of troop proceeds.



If you partner with a troop, you will still get your Daisy Dollars and Nut Bucks; however, the troop proceeds portion will stay with the troop. Through communication prior to the start of the program, you and the troop leader should agree on how the funds will be spent. The funds you raise can be used for your own Girl Scout programming, but troop funds also remain within the troop. The final decision remains with the troop volunteer but should be communicated to you prior to the start of the sale. You are encouraged to do activities through the troop if you partner with the funds raised.



Daisy Dollars and Nut Bucks can be used for council events, service unit events, camp, travel or Destinations, uniform pieces and items for a service project or highest award project. In some instances, you may need to make a purchase first and then request a reimbursement from your Daisy Dollar or Nut Buck funds.





# Girl Scout Terms

Awards - The umbrella term for U.S. Girl Scout earned grade-level awards, religious and other awards, emblems, participation patches and pins. Girls wear all insignia, except participation patches and pins, on the front of their Girl Scout uniform.

Bridging ceremony - A ceremony that celebrates the transition from one program-level in Girl Scouting to the next.

Camporee - A council planned campout for troops



Court of Awards - A ceremony where girls receive awards for their achievements.

Day camping - Camping by the day or camping within a 12-hour program day. Girls from different groups sign up as individuals and go through the camping experience in temporary groups (units). The girls and unit staff plan and carry out activities. Day camping is council-sponsored (the camps require council approval to operate) and the council provides the staff, facilities and site.

Destinations - Girl Scout activities that fall into one of five different categories—international, outdoor, science, people or getaways. All destinations events provide an opportunity for individual members to broaden their perspectives and give Girl Scouting an enhanced visibility.



Founders Day - Juliette Low's Birthday, October 31

Friendship circle - A circle formed by Girl Scouts standing and clasping hands (before they reach for each other's hands, girls cross their right hand over their left). The circle represents the unbroken chain of friendship among Girl Scouts and Girl Guides all over the world.



Girl's Guide to Girl Scouting - A binder divided into three sections: handbook, badges and My Girl Scouts. One is designed for every age level.



Girl Scout Birthday - The official birthday of Girl Scouting, March 12, celebrated during Girl Scout Week, marks the first meeting of a Girl Scout troop held in 1912.



# Girl Scout Terms

Girl Scout Council - One of Girl Scouts of the USA's local affiliates with authority over Girl Scouting in a specific section of the country. Or, the council jurisdiction and membership, including all girls and adults the council has registered and its corporate body, nominating committee, and board members, committees and task groups, as well as its employed staff.

Girl Scout Handshake - A formal way of greeting other Girl Scouts and Girl Guides. You shake hands with the left hand and give the Girl Scout sign with your right hand.

Girl Scout Law - Along with the Girl Scout Promise, the Girl Scout Law is the credo of Girl Scouting. A girl lives the 10 parts of the Girl Scout Law to fulfill the Girl Scout Promise.

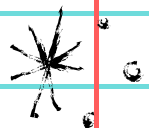
Girl Scout Promise - Along with the Girl Scout Law, is the credo of Girl Scouting; the pledge that binds members together as part of the Girl Scout Movement. A girl must make the Promise to become a Girl Scout member.

Girl Scout Sabbath/Sunday - The Saturday or Sunday in Girl Scout Week. A time for members to be recognized in their place of worship or to recognize the place of worship as a sponsor of a troop/group. Also an appropriate time for religious recognitions to be awarded to Girl Scouts exploring their own faith.

Girl Scout Sign - Made by raising three fingers of the right hand. This sign stands for the three parts of the Promise.

Girl Scout Trefoil - "Trefoil" means three leaves. Each leaf in the traditional or contemporary Girl Scout trefoil stands for a part of the Girl Scout Promise.

Girl Scout Week - The week containing March 12, the Girl Scout birthday, the anniversary of the first Girl Scout troop meeting in the United States in 1912. This observance is celebrated each year, starting with the Sunday on or preceding the 12th day of March.





# Girl Scout Terms

Investiture - A special ceremony in which a new member makes her Girl Scout Promise and receives her membership pin.

Juliette Gordon Low - The founder of the Girl Scout Movement. Also known as Daisy.

Rededication Ceremony - A reaffirmation of a Girl Scout member's belief in the Girl Scout Promise and Law.

Resident Camp - A Local Girl Scout council-sponsored camp where girls attend for multiple days and stay overnight. They live in units and participate in programs with a staff of trained counselors.

Safety Activity Checkpoints - Available on the council website containing Girl Scout Program Standards and Guidelines that provide for the health and safety of all girls.

Service Unit - A name many local Girl Scout councils give to a specific geographic area and the Girl Scouts within it—all leaders, troops/groups and girls. A service unit also includes individuals who give troop support.

Service Unit Team - A team of adults that facilitates service to girls through its volunteers in a geographic area.

SWAPS - Special Whatchamacallits Affectionately Pinned Somewhere

World Association of Girl Guides and Girl Scouts (WAGGGS) - An association of Girl Scout and Girl Guide national organizations around the world. WAGGGS serves approximately eight million Girl Scouts and Girl Guides in close to 150 countries. Our four world centers are located in Mexico, England, India and Switzerland.

World Thinking Day - On February 22, Girl Guides and Girl Scouts all over the world use the day to think of each other and exchange greetings, learn about other countries and give to the Juliette Low World Friendship Fund.





# my notes

My council and service unit are:

My ideas and interests as a Juliette are:

What I hope to discover:

How I hope to make the world a better place:



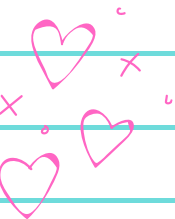


# my notes

My Journeys:

My Badges:

My Awards:





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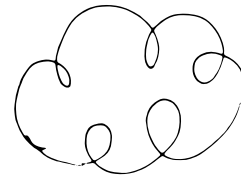
/gscp2p



<https://blog.girlscoutsp2p.org>



[www.girlscoutsp2p.org](http://www.girlscoutsp2p.org)



## Girl Scouts Carolinas Peaks to Piedmont

[www.girlscoutsp2p.org](http://www.girlscoutsp2p.org)  
[www.CampLikeAGirl.org](http://www.CampLikeAGirl.org)  
800-672-2148  
[info@girlscoutsp2p.org](mailto:info@girlscoutsp2p.org)

